

Dear HR Practitioner

My name is Nelly Molepo, I am currently a masters student at UNISA. You are invited to participate in a research study on “*Exploring current wellness practices experiences faced by HR Practitioners*”. This is to increase an understanding of how wellness practices are perceived and experienced by HR Practitioners. As an HR professional, you are in an ideal position to provide valuable first-hand information from your own experiences and/or perspective.

The interview will not take more than 60 minutes. The interview will be kept confidential and will take place via Microsoft Teams. There is no compensation to participate in the study as it is strictly for academic purposes. However, your participation will be a valuable addition to the research study and the findings could lead to a greater understanding of wellness practices experiences and HR Practitioners.

Interested participants can kindly suggest a day and time suitable for them and I will do my best to be available for the interview.

For further questions, contact me @ 0799192331, and/or Email Address: 57643873@mylife.unisa.ac.za

Thank you

Nelly Molepo

