



Dear Healthcare Professional

Chronic Pelvic Pain Symposium 2021

The aetiology and pathogenesis are incompletely understood. Treatment is challenging. Improvement currently is best achieved with multimodal therapy by a multidisciplinary team.

Please join us as we explore the various practices in Chronic Pelvic Pain during an informative two day CPD accredited symposium.

[Register today to join us.](#)

Date: 20 and 21 March 2021

Start Time: 10:00 and 09:00

Topic: Chronic Pelvic Pain Symposium 2021

Webinar Link: https://dsycloud.zoom.us/webinar/register/WN_vlk7x4kjSueS3z7uIW2ueA

*please use the add to my calendar option to save the link in your diary.

We look forward to hosting you at this symposium.

Regards

SAUA

South African Urology Association





Chronic Pelvic Pain SAUA Webinar



Virtual Meeting | 20 - 21 March 2021

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DAY 1

Saturday 20 March 2021

- 10:00** **INTRODUCTION**
Prof S Mutambirwa - Academic Head, South Africa Urological Association.
- 10:15** **KEYNOTE ADDRESS DR RAJESH TANEJA, CHAIRMAN OF GIBS, India**
(An educational initiative by Swati Spentose)
- Division 1 – CHAIRED BY DR STEPHEN EPEL**
- 10:45** **Neurobiological and psychological pathways in the pathogenesis of CPP**
Dr Stephen Eppel
- 11:15** **Multidisciplinary approach to managing CPP**
Dr Stephen Eppel
- 11:45** **Understanding the nuts and bolts of persistent pain**
Dr Tory Madden
- 12:25** **Mindfulness Based Stress Reduction in managing Chronic Pelvic Pain**
Dr Ros Boa
- 13:05** **The Role of pelvic function physiotherapy in managing CPP/ IC**
Corina Avni
- Division 2 – CHAIRED BY PROF ANDREAS CHRYSOSTOMOU**
- 13:45** **The diagnosis of UTI in women and CPP/ IC syndrome**
Prof Andreas Chrystostomou
- 14:15** **Female Pelvic Pain - Gynaecological conditions associated and often confused with the diagnosis of CPP / IC syndrome**
Prof Andreas Chrystostomou
- 14:45** **End of Day 1**
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DAY 2

Sunday 21 March 2021

Division 3 – CHAIRED BY DR CINDY ZIETSMAN

09:00 Discussion on the known pathophysiological pathways identified thus far in the issues of Interstitial Cystitis

Dr Cindy Zietsman

9:30

Autoimmunity and Immunopathophysiology of Interstitial cystitis

Dr Cindy Zietsman

09:55

Current therapies based on the known pathways

Dr Haroun Patel

10:35

Novel treatments and research with promise and pitfalls

Dr Rudi Hayden

Division 4 – CHAIRED BY DR CLAIRE WARDEN

11:15

Anorectal Pain: Common and uncommon causes

Dr Claire Warden

Division 5 – CHAIRED BY DR RONISHA SATHIRAM

11:55

My journey with Interstitial Cystitis

Maureen Morapeli

12:30

SPEAKER FROM DISCOVERY HEALTH

Experiences in the funding of multi-disciplinary integrated care

13:00

Tying up loose ends in CPP

Dr Ronisha Sathiram

13:35

CLOSING SUMMATION – Prof S Mutambirwa
