



RHYTHM

**Formulary
for pathology
tests
2023**

bestMed
personally yours

Pathology tests

Please note: Make use of Ampath, Pathcare, Lancet or Vermaak & Partners laboratories for pathology services.

Please use the selected pathologist referral form with the indicated pathology tests as outlined herein. Pathologists need to submit claims directly to Bestmed via EDI.

- This formulary is applicable to Rhythm1 and Rhythm2 options.
- Pathology benefits are limited to the tests indicated.
- Any tests not indicated on this benefit schedule will become the member's liability.

HAEMATOLOGY

3762 Haemoglobin Estimation (Hb)

3783 Leucocytes: Differential Count

3785 Leucocytes: Total Count

3739 Erythrocyte Count

3791 Packed Cell Volume

3755 Full Blood Count

3797 Platelet Count

3743 Erythrocyte Sedimentation Rate (ESR)

4528 Ferritin

COAGULATION

3805 International Normalised Ratio (INR)

3806 INR dosage information

PREGNANCY

4450 Beta HCG Qualitative

Additional pregnancy pathology tests require registration on the Maternity Care Programme. For information about this benefit please call Bestmed Contact Centre on 086 000 2378.

GLUCOSE METABOLISM

4057 Glucose - random/fasting

4064 HbA1c

4049 Glucose Tolerance Test

LIPID METABOLISM

4027 Cholesterol Total (Fasting)

4028 HDL Cholesterol

4147 Triglycerides

4026 LDL Cholesterol

4025 Full Lipogram - fasting (For Chronic Registration only; preceded by 4027; Pre-auth required based on result of 4027)

LIVER, PANCREAS, GIT

4006 Amylase

4001 Alkaline Phosphatase

4009 Bilirubin: Total

4010 Bilirubin: Conjugated

4130 AST (SGOT)

4131 ALT (SGPT)

4133 Lactate Dehydrogenase (LD)

4134 Gamma GT

MALARIA BLOOD SMEAR

3792	Malaria: Antigen
3865	Parasites in blood smear
3883	Concentration technique for parasites

GENERAL ENDOCRINE

4507	Thyrotropin (TSH)
4482	Free Thyroxin (FT4) - Pre-auth
4484	TSH + FT4
4519	Prostate-specific Antigen (PSA) - Please refer to preventative care benefits

LUNG, KIDNEY, SKELETON

3999	Albumin
4133	Potassium
4114	Sodium
4117	Total Protein
4032	Creatinine
4113/4114/ 4023/4032	Potassium/Sodium/Chloride/Creatinine
4151	Urea
4171	Urea and Electrolytes
4155	Uric acid

HIV TEST

3932	HIV: ELISA
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IMMUNOLOGY

4531	Hepatitis: A IGM antibody
4531	Hepatitis: B surface antigen
3947	C-reactive protein

MICROBIOLOGY

4188	Urine dipstick (per stick)
3867	Microscopy (including Gram Stain)
3881	ZN Stain (mycobacterium) TB
4352	Occult blood
3883	Urine parasites
3885	Cytochemical Stain TB
3980	Bilharzia Ag Serum/Urine
3928	Antimicrobial Substances
3923	Biochemical Identification of Bacterium: Abridged
3887	Antibiotic Susceptibility Test: per Organism
3893	Bacteriological Culture: Miscellaneous

GYNAECOLOGY

4566	Pap smear - Please refer to preventative care benefits
4559	Liquid pap smear - Please refer to preventative care benefits



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HOSPITAL AUTHORISATION

Tel: 080 022 0106
Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378
Email: medicine@bestmed.co.za
Fax: 012 472 6760

CLAIMS

Tel: 086 000 2378
Email: service@bestmed.co.za (queries)
claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797
Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

ER24

Tel: 084 124

INTERNATIONAL TRAVEL INSURANCE (EUROP ASSISTANCE)

Tel: 0861 838 333
Claims and emergencies:
assist@europassistance.co.za
Travel registrations: bestmed-assist@linkham.com

PMB

Tel: 086 000 2378
Email: pmb@bestmed.co.za

BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

Hotline: 080 111 0210 toll-free from any Telkom line
Hotfax: 080 020 0796
Hotmail: fraud@kpmg.co.za
Postal: KPMG Hotpost, at BNT 371,
PO Box 14671, Sinoville,
0129, South Africa

For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za.

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