



SABMAS - CHRONIC TREATMENT PROTOCOL PROGRAMME FOR PRESCRIBED MINIMUM BENEFIT (PMB) CHRONIC DISEASE LIST (CDL)

LIST OF CHRONIC CONDITIONS

The conditions covered under the SAB Medical Aid's (SABMAS) chronic medicines benefit are listed in this document. The list includes the conditions on the PMB CDL.

THE PRESCRIBED MINIMUM BENEFIT (PMB) CHRONIC DISEASE LIST (CDL)

In terms of the Medical Scheme Act Regulations that came into effect on 1 January 2004, medical schemes are required to fund the cost of the diagnosis, medical management (consultations and procedures) and medication of a specified list of chronic conditions (see table 1). This list of conditions is referred to as the PMB CDL. All of these conditions are covered by SABMAS.

In terms of the legislation, a medical scheme may limit the treatment in accordance with the gazetted therapeutic algorithms and apply managed care interventions to improve the efficiency and effectiveness of healthcare provision.

REGISTRATION OF CHRONIC CONDITIONS

Members can only access the chronic benefit if their prescribing/treating doctor has REGISTERED their chronic condition(s) and medication with the SABMAS Chronic Team on 0860 002 133. This applies to all eligible chronic conditions.

Newly diagnosed chronic conditions

If a member is diagnosed with a new chronic condition listed on table 1 during the course of the year, registration of the chronic condition is required before access to chronic medication, procedures and consultation benefits will be granted.

Who can register the chronic condition?

As detailed clinical information, including the condition's ICD-10 code, severity status and pathology results where applicable, are required to register a member's chronic condition, the treating doctor is required to register the member's chronic condition.



Once a member's condition has been registered, a member will have access to the CONDITION MEDICINE LIST (CML). This is a list of medication, appropriate for the condition that does not require pre-authorization- these are automatically authorised

MAXIMUM MEDICAL AID PRICE (MMAP) AND REFERENCE PRICE

Maximum Medical Aid Price (MMAP) refers to the maximum price that SABMAS will pay for generic medication. If a product is prescribed and dispensed that is above MMAP, the member will need to pay the difference in price at the point of dispensing.

Certain products on the CML have Reference Pricing applied. The Reference Price differs from one option to another and is based on the cost of medication from a similar medication class listed on the CML. If a product is prescribed and dispensed that is above the Reference Price, the member will need to pay the difference in price at the point of dispensing.

Please note: The CML is not a fixed list of products. It is constantly revised and updated in accordance with new products registered, discontinued products, price changes, as well as changes to product registration details.

PRE-AUTHORISATION

The CML does not list all medication that may be required to treat a member's condition. Some medication requires specific pre-authorization. As detailed clinical information is required to pre-authorise this medication, the treating doctor is requested to obtain this authorisation from SABMAS Chronic Team on 0860 002 133.

All existing SABMAS exclusions and limitations apply.

Once the condition is registered, contact with the Scheme is only required if the chronic medication prescribed is not included in the list for the registered condition, or if the member does not want to pay the price difference between medication and there are grounds for possible overriding of the co-payment.

If the member does not want to pay the co-payment, the prescribing doctor can consider changing the medication to an alternative medication with no co-payment, by contacting the SABMAS Chronic Team on 0860 002 133.

Note: There is a web-based search available to assist members in determining whether they will be liable for a co-payment on their chronic medication:

- Log on to www.sabmas.co.za .
- Click on the Home Page.
- Select the Find an alternate medicine in the left-hand menu.
- Select the Option from the drop-down menu.
- Insert the name of the product or the condition in the drop down menu.
- Follow the prompts



Alternately [click here](#) to access the alternate medicine search.

Please note: The CML is not a fixed list of products. It is constantly revised and updated in accordance with new products registered, discontinued products, price changes, as well as changes to product registration details.

Table 1: LIST OF PMB ELIGIBLE CHRONIC DISEASE CONDITIONS

1	Addison's Disease	14	Epilepsy
2	Asthma	15	Glaucoma
3	Bipolar Mood Disorder	16	Haemophilia
4	Bronchiectasis	17	HIV/AIDS
5	Cardiac Failure	18	Hyperlipidaemia
6	Cardiomyopathy	19	Hypertension
7	Chronic Renal Disease	20	Hypothyroidism
8	Chronic Obstructive Pulmonary Disorder	21	Multiple Sclerosis
9	Coronary Artery Disease	22	Parkinson's Disease
10	Crohn's Disease	23	Rheumatoid Arthritis
11	Diabetes Insipidus	24	Schizophrenia
12	Diabetes Mellitus Types 1 and 2	25	Systemic Lupus Erythematosus
13	Dysrhythmias	26	Ulcerative Colitis



**PMB DTP Chronic conditions will be covered as per PMB entitlement*

Table 2: LIST OF NON PMB CHRONIC CONDITIONS
(Available on the **Comprehensive Option** only)

1	Acne	16	Eczema
2	ADHD	17	Gastro Oesophageal Reflux Disease (GORD)
3	Allergic Rhinitis	18	Gout
4	Alzheimer's	19	Heart valve disease*
5	Anaemia (Iron deficiency)	20	Hepatomegaly & Splenomegaly
6	Ankylosing Spondylitis	21	Myasthenia Gravis
7	Benign Prostatic Hypertrophy (BPH)*	22	Osteoarthritis
8	Carcinoid syndrome	23	Osteoporosis
9	Cardiac dysrhythmias (Non PMB)*	24	Paraplegia/quadriplegia*
10	Cerebral palsy	25	Polycystic ovarian syndrome
11	Cerebrovascular disease*	26	Psoriasis
12	Congenital malformation of heart*	27	Pulmonary hypertension*
13	Depression (Major)	28	Restless leg syndrome (see dystonia's)
14	DVT and other thrombosis *	29	Urinary Incontinence
15	Dystonia's (extrapyramidal & movement disorders)		

**Benefit will be provided above the PMB level of care / PMB DTP entitlement for Comprehensive Option only*

SPECIAL BENEFIT AUTHORISATIONS

Oncology and organ transplant medication requests must be referred to the SABMAS Chronic Team on 0860 002 133 or emailed to chronic@sabmas.co.za or oncology@sabmas.co.za

For HIV/AIDS authorisations, please contact Aid for AIDS (AFA) on 0860 100 646.



CASE MANAGEMENT

Severe chronic conditions that are included on the chronic medicines benefit list will require case management and approval by the clinical committee. Each case will be managed individually, e.g., requests for Interferon® for multiple sclerosis.

Although the member's condition may be defined as chronic by the prescribing doctor, this condition may not fulfil the Scheme's criteria for chronic medication benefits. Access to any chronic medication as part of the chronic medicines benefit is subject to clinical entry criteria and medication utilisation review. Specific medication may only be authorised and prescribed by the relevant specialist.