## JOIN SAMWUMED

Affordable quality health care.

### **2020 Benefits Brochure**





The South African Municipal Workers Union Medical Scheme (SAMWUMED) is a financially healthy, fully-funded, national-accredited and self-administered medical aid scheme which covers approximately 75 000 lives throughout South Africa.

We welcome and cover all South African municipality workers irrespective of affiliation.

Our Scheme is financially healthy with reserve levels way above 70%, exceeding the required statutory threshold of 25%. We pay claims!

#### **Contact SAMWUMED to Join**

#### **Eastern Cape**

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#### Gauteng

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#### Limpopo

Name Contact		Email	Area		
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#### **North West**

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#### **Free State**

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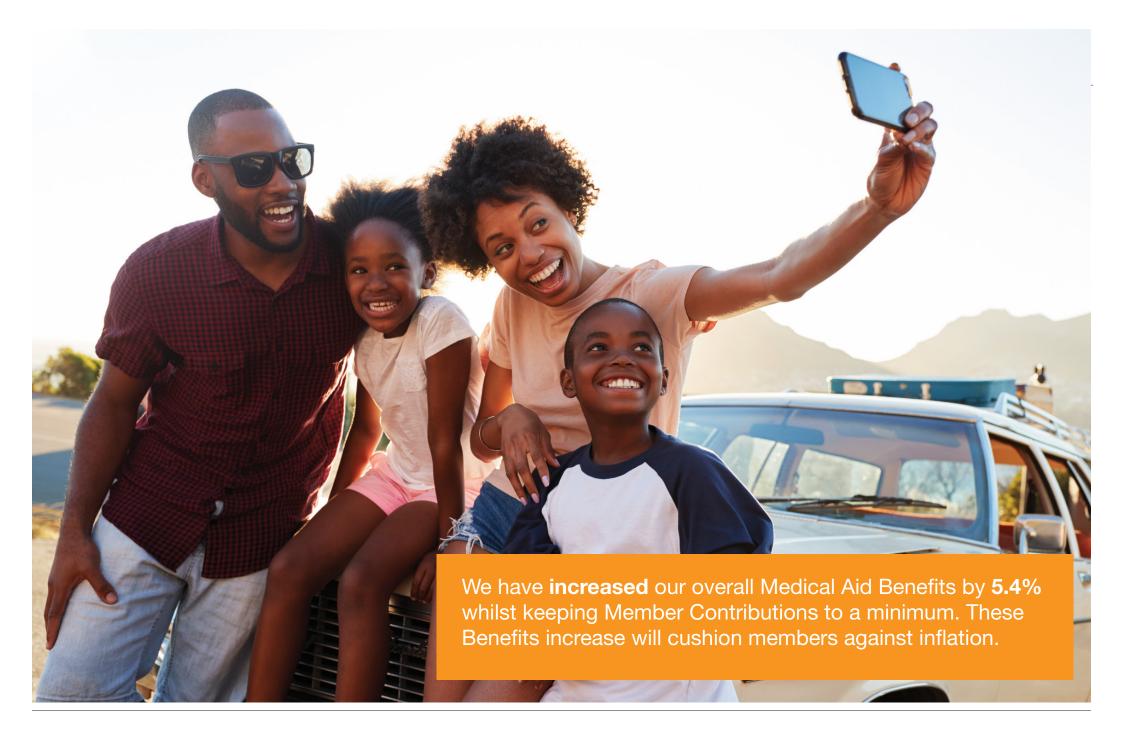
#### **Mpumalanga**

Name	Contact	Email	Area		
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### **Enjoy 2020 Improved Benefits**



# Join SAMWUMED & Enjoy up to R170 000 worth of Day to Day Medical Aid Benefits

- Even without a Savings Plan you can visit doctors (GP's and Specialists)
- Get medicines including Chronic, Over the Counter and Prescription
- You can also go to a dentist for basic and advanced Dentistry treatments.

All this for as little as **R500 per** member per month depending on the option chosen!

## Join SAMWUMED & Enjoy Private Hospital Care

- As a SAMWUMED member, you and your dependents have In-Hospital benefits of up to R1.5 million per year.
- In addition, you can go to a Private Hospital nationally when necessary.

All this for as little as **R500 per** member per month depending on the option chosen!





# Join SAMWUMED & Enjoy our Increased Medical Aid Benefits!

- We have also increased the number of Chronic Illnesses that we cover to include Gout, Eczema, Depression, GORD and Menopause.
- This is over and above the 26 Chronic Illnesses that we already cover.

All this for as little as **R500 per** member per month depending on the option chosen!



### **Enjoy 2020 Improved Benefits**





# Join SAMWUMED & Enjoy Comprehensive Maternity Benefits

- Our Comprehensive Maternity Programme helps expecting moms to receive the help they need to better take care of themselves and their unborn baby.
- Our benefits include Supplements, Pap Smear Tests, Ultrasounds as well as Ante Natal Consultations.

All this for as little as **R500 per member per month** depending on the option chosen!

# Join SAMWUMED & Enjoy Free Health Screenings & Assessments!

- Free Vaccinations for flu and Pneumococcal.
- Free Screenings for Diabetes, Breast & Prostate Cancer, Pap Smear and HIV.
- Assessments for Blood Pressure, Cholesterol and Bone Density.

All this for as little as **R500 per member per month** depending on the option chosen!



### **SAMWUMED Cares Wellness Programme**

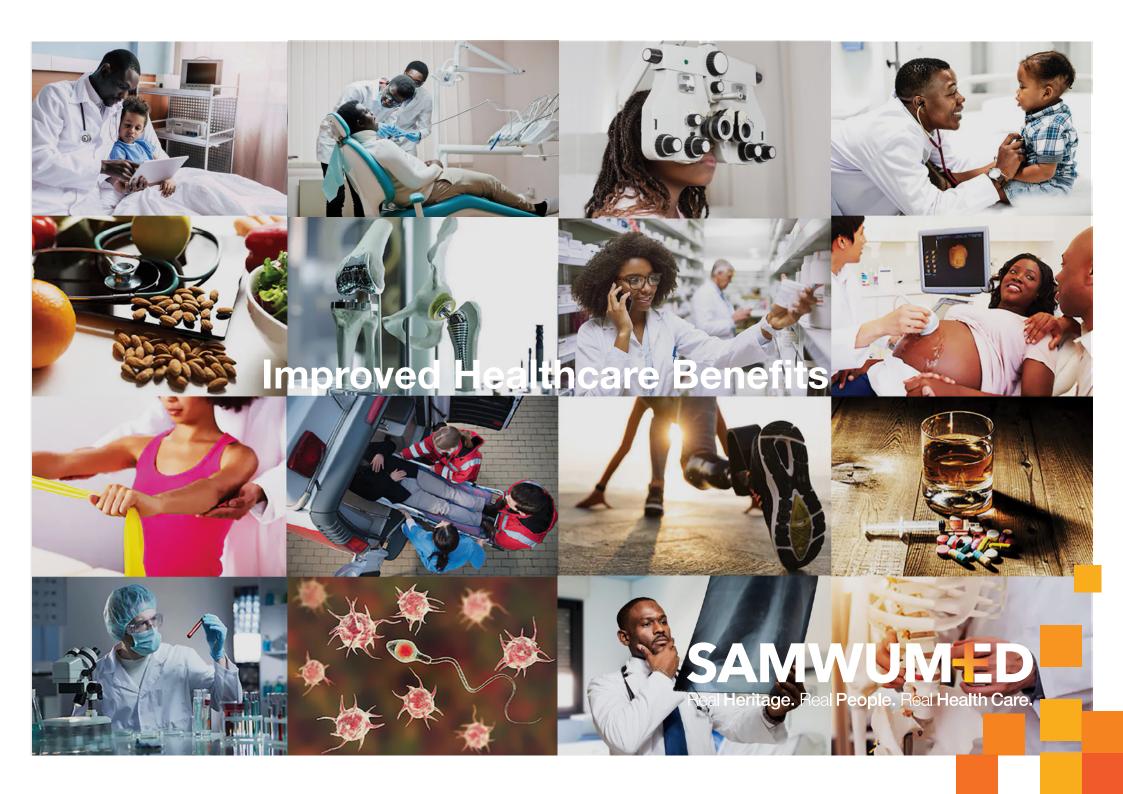
Apart from ensuring our members do not find themselves in hospitals, the SAMWUMED Cares Wellness Programme and early detection benefit provides members with an opportunity to take ownership of their own health as a means to better manage quality health outcomes which would ultimately result in lower medical aid premiums. Our amazing Programmes includes the following screenings:

AGE	SCREENING TEST	2020			
Adults aged 18 years and older	Blood Pressure	Up to one screening Per beneficiary per year			
Adults	Type II diabetes	Up to one screening Per beneficiary per year			
25 to 64 years	Total Blood Cholesterol	Up to one screening Per beneficiary per year			
11 to 24 years, 25 to 64 years, over 65 years old	Papanicolaou (Pap) test Chlamydia screening	Up to one screening Per beneficiary per year within a 2 year cycle			
Childbearing age	Folic acid	Up to 1 per month for the first 3 months of pregnancy			
50 Years and older	Faecal occult blood test	Up to one screening Per beneficiary per year			
Over the age of 45 until the age of 70	Mammogram	Up to one screening Per beneficiary every three years until the age of 70			
Women older than 60 years and men older than 70 years	Screening for prostate cancer	Up to one Per beneficiary per year			
45 years to 70 years	Bone Density Test	Up to one Per beneficiary per year			
All Ages	HIV	One test per member per annum			
25 years to 65 years	Cervical Cancer	Repeat every 5 years if HIV negative, every 3 years if HIV positive			
Less than 1 month old	TSH screening	Once-off for hyperthyroidism in new-borns			
Less than 1 month old	Pneumococcal vaccine	Up to one screening Per beneficiary per year			
50 to 75 years old	Colorectal cancer	Up to one screening Pb every three years until the age of 70			
Age 65 for women, Age 70 for men	Osteoporosis	Routine follow-ups every 18-24 months			
Adults from age 20	Cholesterol	Up to once annually for high risk members			

#### DISCLAIMER:

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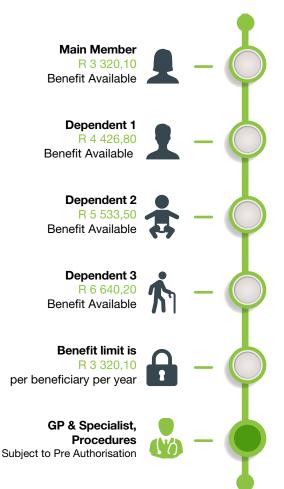
### **Doctor Benefits**

### 2020 Benefits Option A

GP & Specialist Consultations, Visits & Procedures

### 2020 Benefits Option B

GP & Specialist Consultations, Visits & Procedures.



#### **GP & SPECIALIST CONSULTATIONS, VISITS AND PROCEDURES**

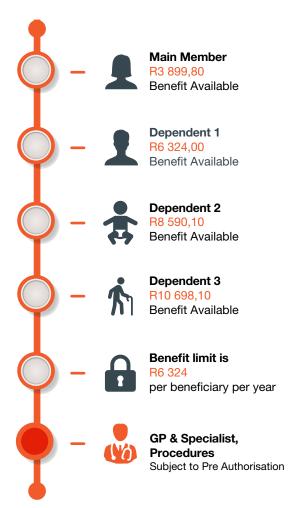
#### **Option A**

Members and their dependents on Option A are covered for treatments by GPs, either at the GPs' rooms or the members' home.

They, along with their dependents are also covered for Emergency treatment and procedures.

#### Condition

- The Emergency Treatment sub-limit is included in GP Consultations, visits and procedures limit.
- Aside from GP Consultations, Visits and Procedures, Members under both Options receive additional benefits in the form of Specialists Visits and Consultations and Tests.
- The benefits are subject to the Scheme's network of doctors and the appointment of a family practitioner.



### **Medication Benefits**

### 2020 Benefits Option A

# **Main Member** Dependent 1 R3 143.60 Dependent 2 R4 336,00 Dependent 3 **Over the Counter Limit:** per beneficiary per year **Over the Counter Sub Limit:** per day

#### **MEDICATION**

The Scheme covers members on both Option A and Option B and their dependents for various types of medication, including prescribed, dispensed for acute; or a chronic condition including over the counter medicines.

Prescribed (A drug or medicine that legally requires a letter or prescription from a medical Practitioner for a pharmacy or any place that dispenses medicine to make it available to the member and or his or her dependents).

Dispensed (Dispensing refers to the process of preparing and giving medicine to a named person on the basis of a prescription).

Acute (This is medicines that have been issued by the GP but not added to a member's repeat prescription records). For the member to get additional medicines, they require a visit to their GP for a review before it is added onto their repeat prescription).

Over-the-counter medicine (This is medicine that may be sold at pharmacies or other shops without a doctor's prescription).

#### **Highlights**

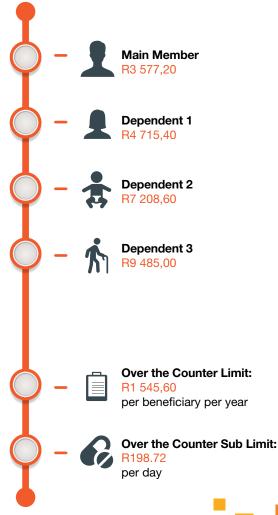
#### **Option A**

- We have added additional Chronic Medication to cover:- **Depression, GORD & Gout**Option B
- We have improved the Formulary List (Medication List)
- We have added additional Chronic Medication to cover:- Eczema, Depression, GORD, Gout & Menopause

#### **CONDITIONS**

- Members will pay 25% co-payment (payment by the member of a portion of the cost incurred) if they use a pharmacy that is not on the Scheme's list of service providers or if they use out-of-formulary medication or medicines that are outside of those recommended by the Scheme.
- To access Chronic medication, your treating doctor will need to call our Managed Care Provider, Medscheme on 0860 33 33 87 to register your Chronic Medication

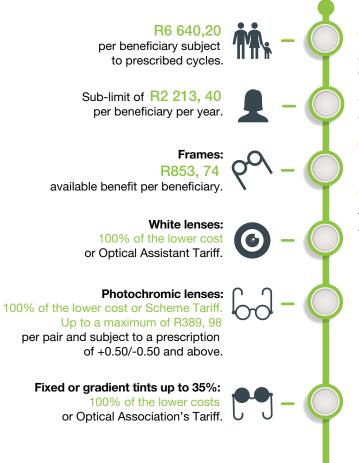
### 2020 Benefits Option B





### **Optometry Benefits**

### 2020 Benefits Option A



#### **OPTICAL**

SAMWUMED members on both Option A and Option B qualify for optical (eye) cover.

Option A members are covered for eye tests, frames and lenses.

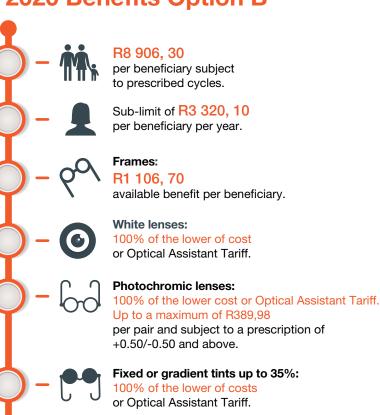
Option B members are covered for eye tests, frames, lenses as well as contact lenses

#### **CONDITIONS**

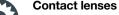
The following conditions apply for members accessing the optical benefits:

- A visit to an ophthalmologist (treatment of disorders and diseases of the eye) requires a referral from an optometrist (eye care practitioner) or GP.
- Exclusions apply, including but not limited to repairs.
- Spectacle lenses and contact lenses cannot be obtained at the same time.
- Two year benefit cycle applies for frames and lenses.
- One eye test consultation per beneficiary per year is allowed.

### **2020 Benefits Option B**







With a prescription reading of -0.75 or +1.00 and above:

- 100% of the lower of costs or Optical Assistant Tariff.
- Up to a maximum of R2 476, 90 per beneficiary.
- Subject to a two year cycle



### **Dentistry Benefits**

### 2020 Benefits Option A

### 2020 Benefits Option B



#### **Dentistry**

Members and their dependents are covered for basic and advanced dentistry services depending on the Option chosen. Dentistry is the treatment of diseases and other conditions that affect the teeth and gums.

Option A: The amounts reflected cover basic dentistry

Option B: • The amounts reflected cover advanced dentistry.

Basic dentistry is UNLIMITED

#### Basic Dentistry benefits include:

- Fillings.
- Root canal treatments (dental treatment for removing infection from inside a tooth and protecting a tooth from future infections.)
- Scaling (which refers to deep cleaning of teeth that reaches below the gum line to remove plaque build-up).
- Polishing.
- Extractions (removal of teeth).
- Fissure sealants (treatment aimed at preventing tooth decay); and
- Denture repairs (a removable plate or frame holding one or more artificial teeth).

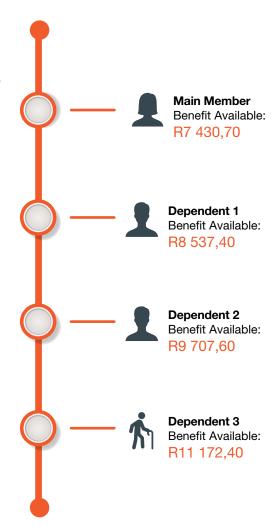
#### **Advanced Dentistry** benefits include:

- Orthodontists, crowns, bridge-work and any other anaesthetic procedure
- \*Motivation, referrals and quotes required

#### **CONDITIONS**

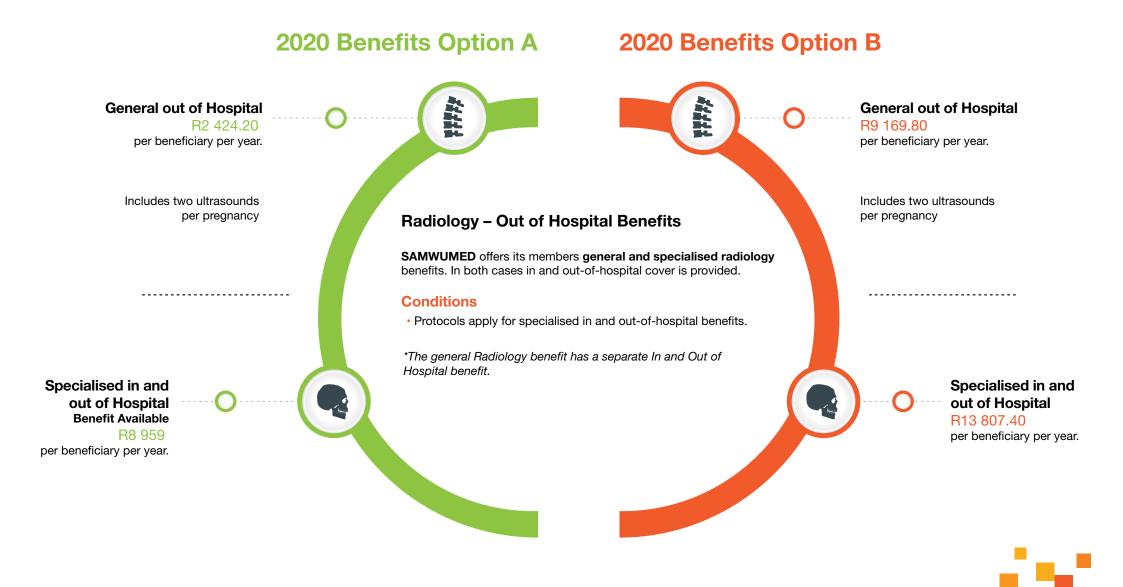
Members have to claim according to the Scheme's approved cycles outlined below:

- Full dentures Every three years
- · Partial dentures Every two years





### **Radiology - Out of Hospital Benefits**





### **Pathology Benefits**

### 2020 Benefits Option A

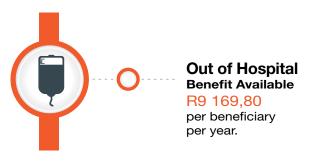


#### **PATHOLOGY BENEFIT**

SAMWUMED members are covered for both in and out of hospital pathology treatment (diagnosis of diseases based on the laboratory analysis of bodily fluids such as blood and urine, as well as tissues.)

\*This benefit has a separate In and Out of hospital benefit

### 2020 Benefits Option B

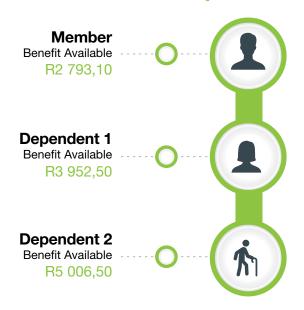






### **Appliances & Prostheses Benefits**

### 2020 Benefits Option A



#### **Appliances**

Members and their dependents are covered for medical and surgical appliances. This benefit is basically more to help patients with movement challenges. An example here would be artificial legs and arms.

#### **Conditions**

Members can enjoy this benefit subject to the following conditions:

- They have to submit a motivation, complete with costs for pre-authorisation or approval by the Scheme.
- Members have to be within their benefit limits and cycles in order to qualify.
- The Scheme (or contracted managed care company on behalf of the Scheme) may from time to time partner with other parties or centres of excellence in order to ensure cost effective and appropriate care.

### 2020 Benefits Option B



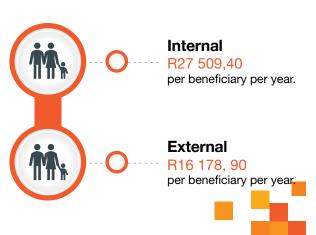


#### **Prostheses**

SAMWUMED provides cover for both internal and external prostheses. These are artificial body parts such as legs, arms and eyes.

#### **Conditions**

- Included with in-hospital benefit
- Quotations from at least three (3) service providers are required





### **Ancillary Benefits**

### 2020 Benefits Option A

### 2020 Benefits Option B



#### **Ancillary Benefits**

The Scheme allows members to be able to access or receive services from:

Occupational therapists (A health care professional who is trained to treat injured, ill, or disabled patients through therapeutic use of everyday activities. The patients develop, recover, improve, as well as maintain the skills needed for daily living and working.

Speech therapists (A health care professional who is trained to assist patients with speech and language problems to speak more clearly).

Audiologists (A health care professional who is trained to evaluate hearing loss and related disorders, including balance (vestibular) disorders and tinnitus (ringing in the ears) and to rehabilitate individuals with hearing loss and related disorders.

Dieticians (A health care professional who is trained to assist patients with expert advice on diet and nutrition).

The above benefits are included with specialist benefit for in or out-of-hospital treatment.

#### **CONDITIONS**

· Members will require a referral from a GP to access the benefits.



R4 584,90 per beneficiary per year.

### **Physiotherapy & Biokinetics Benefits**



#### PHYSIOTHERAPY BENEFIT

The Scheme offers both **out-of-hospital and in-hospital** physiotherapy benefits (treatment of sprains, back pain, arthritis, strains, reduced mobility, etc.)

#### CONDITIONS

- In-hospital on both options
- Two (2) sessions, thereafter authorisation is required.

\*This benefit has a separate In and Out of hospital benefit





R4 584,90 per beneficiary per year.



Out of Hospital Sub-limit of

R1 876,12

per beneficiary per year



### **Hospital Benefits**

### 2020 Benefits Option A



#### SPECIFIC HOSPITALISATION BENEFITS:

• In-patient: R750 000 per beneficiary per year

#### Maternity: Caesarean section and Normal delivery

- Caesarean: R25 717,60 per beneficiary per year
- Normal delivery: No amount allocated for normal delivery.
   Scheme rules and protocol applies



#### **Blood Transfusion:**

Included with In-Patient benefit





Included with In-Patient benefit PMB Only



#### Organ Transplant: In and Out of Hospital

- Out of Hospital: Subject to Overall Annual Limit
- In-Hospital: Included with In-patient limit



#### Oncology:

- Out of Hospital: Non PMB subject to R200 000
- In-Hospital: Subject to Annual Limit

#### **Alternatives to Hospitalisation:**

 Private Nursing, Frail Care, Hospice & Step Down Facilities Included with In-patient benefits

### 2020 Benefits Option B



#### SPECIFIC HOSPITALISATION BENEFITS

• In-patient: R1 500 000 per beneficiary per year



#### **Maternity: Caesarean section and Normal delivery**

- Caesarean Section: R27 509,40 per beneficiary per year
- Normal Delivery: No amount allocated for normal delivery.
   Scheme rules and protocol applies



#### **Blood Transfusion:**

· Included with In-Patient benefit





Included with In-Patient benefit



#### Organ Transplant: In and Out of Hospital

- In & Out of Hospital
- Subject to Annual Limit & Scheme Networks



#### Oncology:

- Out of Hospital: Non PMB subject to R300 000
- In-Hospital: Included with In-patient benefit



#### **Alternatives to Hospitalisation:**

 Private Nursing, Frail Care, Hospice & Step Down Facilities Included with In-patient benefits

#### CONDITIONS

#### The conditions to access the benefits are the following:

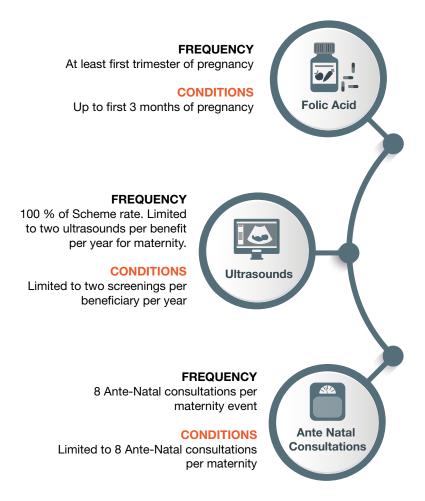
- · Members will need a pre-authorisation or approval before hospitalisation.
- Members are required to be hospitalised and treated at Scheme network hospitals (DSP) or pay 25% co-payment
- · Scheme rules and PMB protocols apply.





### **Maternity Benefits**

### 2020 Maternity Benefits Option A & Option B





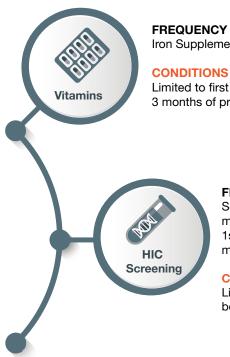
#### MATERNITY BENEFITS

SAMWUMED's Maternity Programme helps expecting moms to receive the help they need to better take better care of themselves and their unborn baby by taking advantage of a wide range of maternity preventative care and early detection benefits.

#### Condition

Expecting members have to register onto the Programme on: 0860 33 3387

Among information that will be required when registering is: Practice number of doctor, Hospital practice number for the birth, due date of birth, ICD10 codes and procedure codes.



#### **FREQUENCY** Iron Supplements

#### Limited to first 3 months of pregnancy

#### **FREQUENCY** Screen of first test per

maternity event. Within 1st trimester (first three months)

#### **CONDITIONS**

Limited to one per beneficiary per year



### **Mental Health & Substance Dependency**



#### Hospitalisation

Benefits for mental health and substance dependency include hospitalisation.

• A referral from a specialist is required for mental health hospitalisation.

#### **Conditions**

#### **Out of Hospital:**

- Five consultations per beneficiary (if not enrolled in Mental Health Programme)
- PMB's & Non PMB covered

#### In-Hospital:

- Benefits are subject to the Scheme's network
- · Access to in and out of hospital benefit
- Enrolment into a Mental Health Programme at private Hospital Network
- Drug & Alcohol rehab standalone benefit





### **Ambulance Services**



### AMBULANCE SERVICES

Due to our understanding that sickness can strike anywhere, and at any time, we cover our members for Road and Air Ambulance Services

#### **Conditions**

#### Members must note the conditions listed below when activating this benefit:

- The Road and Air Ambulance Services can only be provided by Designated Service Providers (service providers selected by the Scheme).
- The benefit is unlimited for emergency assistance only.
- Case management and protocols apply.
- Members have to co-pay or pay a portion of the costs should they decide to use a service provider of their choice and not one designated by the Scheme.
- Members will be held responsible for the full cost of the Road and Air Ambulance Services should it be determined that the costs were incurred unnecessarily and cannot be justified from a medical perspective.

### **Infertility Benefits**



#### INFERTILITY

Members are covered for infertility, commonly known as the inability by women (or men) of child bearing age to conceive children.

#### **Conditions**

- PMB conditions apply.
- · Limited to PMB only for Option A and Option B





### **Alternative Healthcare**

### 2020 Benefits Option A

### 2020 Benefits Option B



R2 213,40

Per Beneficiary Per Annum/Year (PFPA)

This benefit is included in GP consultation and visits.



#### **ALTERNATIVE HEALTHCARE**

Our Scheme not only covers members for visits or consultations with General Practitioners (GPs), it also covers them for alternative healthcare services. Members are allowed to consult healthcare practitioners listed below for treatments:

- Podiatrist (refers to the medical care and treatment of the human foot).
- Homeopath naturopath (which is the treatment of ailments through the use of natural medicine).
- Chiropractor (refers to the treatment of misaligned joints.)

#### **Conditions**

The practitioners have to be registered with the Health Professions Council of SA or Allied Health Professionals Council of South Africa.



#### **Benefit Available**

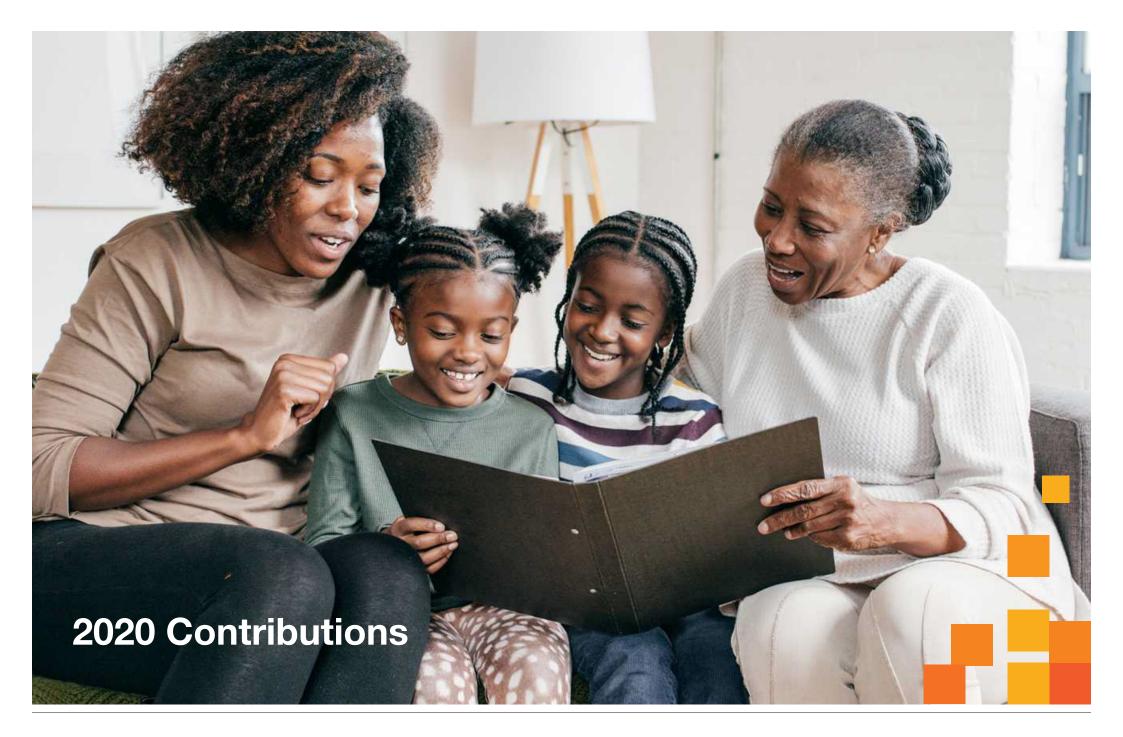
R3 372.80

Per Beneficiary Per Annum/Year (PFPA)

This benefit is included in GP/Specialist consultation limits









### 2020 Contributions Option A

#### **100% Member Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Spouse +	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R3 900	1144,00	1144,00	403,00	2288,00	2691,00	3094,00	3497,00	1547,00	1950,00	2353,00	2756,00
R3 901 - R6 300	1352,00	1352,00	474,00	2704,00	3178,00	3652,00	4126,00	1826,00	2300,00	2774,00	3248,00
R6 301- R9 700	1720,00	1720,00	600,00	3440,00	4040,00	4640,00	5240,00	2320,00	2920,00	3520,00	4120,00
R9701+	1889,00	1889,00	667,00	3778,00	4445,00	5112,00	5779,00	2556,00	3223,00	3890,00	4557,00

#### **40% Member Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Spouse +	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R3 900	457,60	457,60	161,20	915,20	1 076,40	1 237,60	1 398,80	618,80	780,00	941,20	1 102,40
R3 901 - R6 300	540,80	540,80	189,60	1 081,60	1 271,20	1 460,80	1 650,40	730,40	920,00	1 109,60	1 299,20
R6 301- R9 700	688,00	688,00	240,00	1 376,00	1 616,00	1 856,00	2 096,00	928,00	1 168,00	1 408,00	1 648,00
R9701+	755,60	755,60	266,80	1 511,20	1 778,00	2 044,80	2 311,60	1 022,40	1 289,20	1 556,00	1 822,80

#### **60% Company Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Spouse +	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R3 900	686,40	686,40	241,80	1 372,80	1 614,60	1 856,40	2 098,20	928,20	1 170,00	1 411,80	1 653,60
R3 901 - R6 300	811,20	811,20	284,40	1 622,40	1 906,80	2 191,20	2 475,60	1 095,60	1 380,00	1 664,40	1 948,80
R6 301- R9 700	1 032,00	1 032,00	360,00	2 064,00	2 424,00	2 784,00	3 144,00	1 392,00	1 752,00	2 112,00	2 472,00
R9701+	1 133,40	1 133,40	400,20	2 266,80	2 667,00	3 067,20	3 467,40	1 533,60	1 933,80	2 334,00	2 734,20

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### **2020 Contributions Option B**

#### **100% Member Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Member + Spouse + 3 Children	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R5 800	1 897,00	1 897,00	665,00	3794,00	4459,00	5124,00	5789,00	2562,00	3227,00	3892,00	4557,00
R5 801- R8 000	2 296,00	2 296,00	806,00	4592,00	5398,00	6204,00	7010,00	3102,00	3908,00	4714,00	5520,00
R8 001- R14 800	2 351,00	2 351,00	826,00	4702,00	5528,00	6354,00	7180,00	3177,00	4003,00	4829,00	5655,00
R14 801+	2 600,00	2 600,00	855,00	5200,00	6055,00	6910,00	7765,00	3455,00	4310,00	5165,00	6020,00

#### **40% Member Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Member + Spouse + 3 Children	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R5 800	758,80	758,80	266,00	1 517,60	1 783,60	2 049,60	2 315,60	1 024,80	1 290,80	1 556,80	1 822,80
R5 801- R8 000	918,40	918,40	322,40	1 836,80	2 159,20	2 481,60	2 804,00	1 240,80	1 563,20	1 885,60	2 208,00
R8 001- R14 800	940,40	940,40	330,40	1 880,80	2 211,20	2 541,60	2 872,00	1 270,80	1 601,20	1 931,60	2 262,00
R14 801+	1 040,00	1 040,00	342,00	2 080,00	2 422,00	2 764,00	3 106,00	1 382,00	1 724,00	2 066,00	2 408,00

#### **60% Company Contribution**

Salary Band	Principal Member	Adult Dep	Child Dep.	Member + Spouse	Member + Spouse + 1 Child	Member + Spouse + 2 Children	Member + Spouse + 3 Children	Member + 1 child	Member + 2 children	Member + 3 children	Member + 4 children
R0 - R5 800	1 138,20	1 138,20	399,00	2 276,40	2 675,40	3 074,40	3 473,40	1 537,20	1 936,20	2 335,20	2 734,20
R5 801- R8 000	1 377,60	1 377,60	483,60	2 755,20	3 238,80	3 722,40	4 206,00	1 861,20	2 344,80	2 828,40	3 312,00
R8 001- R14 800	1 410,60	1 410,60	495,60	2 821,20	3 316,80	3 812,40	4 308,00	1 906,20	2 401,80	2 897,40	3 393,00
R14 801+	1 560,00	1 560,00	513,00	3 120,00	3 633,00	4 146,00	4 659,00	2 073,00	2 586,00	3 099,00	3 612,00

#### DISCLAIMER:

This Brochure is prepared and distributed for purposes of providing you with essential information to help you select the best benefit option for you and your family. It is not a full guide to the Scheme Rules and Benefits and does not supersede the Scheme Rules. All contributions and benefit options presented in the 2020 Brochure are subject to the approval by the Council for Medical Schemes.



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