

# 2020 SASOLMED BENEFIT SCHEDULE

### Selection of a Preferred General Practitioner (PGP)

#### In Hospital

- Unlimited
- NO co-payment

#### First 2 consultations per beneficiary at selected PGP In Network | OUT of Hospital

NO co-payment

#### Selected PGP | OUT of Hospital

- Unlimited consultations
- 10% co-payment per consultation

#### Non PGP | OUT of Hospital

- 3 Out of Town visits per family per year with
- 20% Co-payment per consultation
- Once out of area visits are used up, the consultation will be debited to the member in full at Scheme rate

## Specialist co-ordination of care

To create a specialist referral, your PGP needs to access the Medscheme interactive voice system on **0861 112 666** The consultation is paid at 100% of the Scheme rate with a 20% deductible co-payment

#### **Exceptions to specialist referral requirements:**

- Females 1 Visit per year to Gynaecologist
- Males 1 Visit per year to Urologist
- Maternity visits to Gynaecologist
- Paediatrician visits for children under 1 year
- Visits to Optical and Dental Specialists



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#### **Preventative Care**

This is an additional risk benefit with no costs to the member. This benefit is intended to be used for screening, and not diagnostic purposes. Sasolmed covers you and your family for these annual tests, procedures and injections that will assist you in carefully monitoring your health. The age and gender limits have been determined by clinical input.

Test, procedure o	r medicine	Age	Benefit	Gender
	Blood glucose (fasting)	All	One per beneficiary	All
	Bone density scan <sup>3</sup>	65+	One per beneficiary	All
t or	Cholesterol <sup>1</sup>	20+	One per beneficiary	All
100% of the lower of cost Sasolmed Tariff	Flu vaccination	6 months +	One per beneficiary	All
r of ariff	General Practitioner visit	All	One per beneficiary	All
owe ed T	HIV test	All	One per beneficiary	All
olmo	Mammograms <sup>4</sup>	50+	One per beneficiary	Female
of th	Midstream urine dipstick test	All	One per beneficiary	All
<b>;</b> %0	Occult blood (faecal)	50+	One per beneficiary	All
10	Pap smear	25+	One per beneficiary	Female
	Pneumonia vaccination <sup>2</sup>	18+	One per beneficiary	All
	PSA	45+	One per beneficiary	Male

Notes:

- <sup>1</sup> This will include a lipogram.
- Recommended for risk patients: the elderly, smokers, diabetics, cancer, recurrent lung disease, asthmatics, bronchitis, liver, kidney and heart failure, wasting and debilitating illnesses, every 5 years.
- Bone density scan every 2 years.
- <sup>4</sup> Once every 3 years.

## Eligible immunisations

Age	Vaccine
At birth	BCG, Polio
6 weeks	Accellular Pertussis, Diphtheria, Haemophilus Influenza B (HIB), Hepatitis B, Pneumococcal Conjugated, Polio, Rotavirus, Tetanus
10 weeks	Accellular Pertussis, Diphtheria, Haemophilus Influenza B (HIB), Hepatitis B, Polio, Tetanus
14 weeks	Diphtheria, Haemophilus Influenza B (HIB), Hepatitis B, Pneumococcal Conjugated, Polio, Tetanus
9 months	*Measles, Pneumococcal Conjugated
18 months	Accellular Pertussis, Diphtheria, Haemophilus Influenza B (HIB), *Measles, Polio, Tetanus
6 years	Diphtheria and Tetanus (DT)
12 years	Diphtheria and Tetanus (DT)
9-26 years	1 HPV, female and male

<sup>\*</sup> We suggest that a MMR – Measles, Mumps and Rubella (German Measles) be offered in place of Measles, if parents prefer.

#### Additional programme

The Sasolmed product offering provides targeted interventions to ensure effective health care, which impacts member quality of life. Kindly refer to the benefit booklet for more information on the programmes.

Programme	
Aid for Aids (HIV) Programme	Oncology Programme
Conservative Back and Neck Programme	Weight Management Programme
Smoking Cessation Programme	Babyline 24-hour advice line
Mental Health Programme	

# 2020 Benefits

Benefit Category	Benefits	Limits	Authorisation
Additional medical services			
Audiology, dieticians, hearing aid acoustics,	100% of the lower of cost or Sasolmed	Unlimited	
occupational therapy, podiatry, speech therapy,	Tariff	20% deductible member co-payment	
social workers and orthoptics			
Alternative healthcare			
Consultations and treatment by a registered	100% of the lower of cost or	Unlimited	
homeopath, acupuncturist, naturopath, osteopath	Sasolmed Tariff	20% deductible member co-payment	
Ambulance services	Cascillica fallii	2070 deductible member eo payment	
Emergency transport of a patient only	100% of the lower of cost or	Unlimited	Subject to approval from the
	Sasolmed Tariff	Offiliffilled	
If prior authorisation is not obtained, no benefit	Sasoimed famil		contracted provider (ER24),
will be available. In case of emergency,			for medically justified cases only
authorisation must be obtained within 24 hours			
Appliances – in and out of hospital			
General medical/surgical crutches, walking	100% of the lower of cost or Sasolmed	R12 090 per family for general and special	Subject to approval by Medscheme
aids, nebulisers, compression stockings, soft	Tariff for hiring or purchasing of	appliances; including (every 24 month	
collars, corsets, slings, moon boots, hearing	medical appliance, which does not form	period commencing 1 January 2019)	
aids, and repair thereof, glucometers,	an integral part of an operation	<ul> <li>blood pressure monitor limited to R935</li> </ul>	
wheelchairs, etc.		per family	
		<ul> <li>foot orthotics limited to R4 560 per</li> </ul>	
		beneficiary per family	
		walking aids limited to R1 285 per family	
		contact lenses for keratoconus limited to	
		R2 530 per lens per beneficiary	
		Nebulizers - R990	
CPAP appliances for sleep apnoea	100% of the lower of cost or Scheme Tariff.	Subject to the general appliances limit	Subject to approval by Medschem
or appliances for electrapheca	or Uniform Patient Fee	Subject to the general appliances limit	Casjeet to approval by Measonem
	Schedule for public hospitals as prescribed		
CPAP humidifier	by a medical practitioner  100% of the lower of cost or Scheme Tariff,	Limited to one per beneficiary every	
CPAP Humidiller	1		
	or Uniform Patient Fee Schedule for	24 months commencing on 1 January 2020	
	public hospitals as prescribed by a	and subject to the general appliances limit	
0 11 "	medical practitioner		
Special appliances	100% of the lower of cost or Sasolmed	Included in general appliances	Subject to approval by Medschem
Special neck and back braces and any custom-	Tariff		
made appliances, home nursing equipment, etc.			
Home oxygen	100% of the lower of cost or	Unlimited	Subject to approval by Medschem
ncluding oxygen therapy equipment (not	Sasolmed Tariff		
ncluding hyperbaric oxygen treatment), home			
ventilators, external fixators, long leg callipers,			
cylinders, concentrators and ventilation			
expenses			
Stoma products	100% of the lower of cost or Sasolmed	Unlimited	
	Tariff		
Blood			
Blood equivalents, blood products and	100% of the lower of cost or Sasolmed	Unlimited	Subject to approval by Medschem
ransportation	Tariff		
Consultations and visits			
General Practitioner – in and out of hospital	100% of the lower of cost or Sasolmed	Unlimited	Preferred General Practitioner
	Tariff	10% deductible member co-payment if PGP is	
		used or 20% deductible member co-payment	
		if PGP is not used (out of hospital only)	
		No co-payment for first 2 in network PGP	
		consultatations per beneficiary	
Specialist in bespital	150% of the lower of cost or Sasolmed	Unlimited	
Specialist – in hospital	Tariff	Oriminited	
Specialist out of beenite!		Linimited	CD referred for an acid!
Specialist – out of hospital	100% of the lower of cost or Sasolmed	Unlimited	GP referral for specialists
D	Tariff	20% deductible member co-payment	
Dentistry (excluding all cosmetic procedures)			
Basic dentistry	100% of the lower of cost or Sasolmed	Unlimited	Dental management programme
Consultations and visits (including oral	Tariff	A R1 500 co-payment is applicable for in	
nygienist consultations and dental therapists),		hospital procedures only	
plastic dentures and dental technician's fees			
Advanced dentistry	100% of the lower of cost or Sasolmed	R10 820 per beneficiary limited to R13 960	Dental management programme
ncluding inlays, crowns, bridges, study models,	Tariff	per family	
metal base partial dentures, treatment by		20% deductible member co-payment	
periodontist and prosthodontists and the			
dental technician's fees for all such dentistry,	Specific procedures reimbursed at 200%		
orthognathic surgery (all inclusive)	if done out of hospital		
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Benefit Category	Benefits	Limits	Authorisation
Dentistry (excluding all cosmetic procedures) (co	ntinued)		
Orthodontic treatment	100% of the lower of cost or Sasolmed Tariff	Subject to the advanced dentistry limit 20% deductible member co-payment	Subject to approval by Medscheme
Orthognathic Surgery Including hospitalisation, specialist and anaesthetist	100% (150% for dental specialists in hospital) of the lower of the cost or Scheme Tariff	Subject to the advanced dentistry limit 20% deductible member co-payment	Subject to approval by Medscheme
Osseo-integrated implants Including hospitalisation, dental practitioner, anaesthetist and cost of the implants	100% of the lower of cost or Sasolmed Tariff (150% for Specialists)	R18 490 per family 20% deductible member co-payment (crowns and bridges subject to the advanced dentistry benefit)	Subject to approval by Medscheme
Oral surgery In and out of hospital	100% of the lower of cost or Sasolmed Tariff	Subject to the advanced dentistry limit 20% deductible member co-payment	Subject to approval by Medscheme (in hospital only)
Maxillo facial surgery - trauma only (excluding oral and elective surgery)	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to approval by Medscheme (in hospital only)
Arthroplasties/replacement Hip or knee	100% of the negotiated fee, or, in the absence of such fee, 100% of the lower of the cost or Scheme Tariff.	Negotiated global fee (Improved Clinical Pathways Services – ICPS, Jointcare, Care expert) per authorised case R10 000 co-payment for use of non-DSPprovider	Subject to approval by Medscheme
Hospitalisation – private and provincial hospitals	and day clinics	1 7	
In hospital Accommodation in a general ward or high care ward, intensive care unit,theatre fees and theatre medicines, medicines, materials, hospital equipment and blood transfusions	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to approval by Medscheme Private ward rate subject to pre- authorisation by Medscheme
Out-patient	100% of the lower of cost or Sasolmed Tariff	Unlimited	
Facility fee and consultations for casualty/ emergency room facility	100% of the lower of cost or Sasolmed Tariff	Unlimited 20% deductible member co-payment	Subject to approval by Medscheme
Alternatives to hospitalisation: Sub-acute facilities, private nurse practitioners, hospice, nursing services/agencies and physical rehabilitation facilities	100% of the lower of cost of Sasolmed Tariff	Unlimited	Subject to approval by Medscheme
Infertility			
Treatment only	100% of the lower of cost or Sasolmed Tariff	Prescribed Minimum Benefit only	Subject to approval by Medscheme
Immune deficiency syndrome (HIV/AIDS)	1000/ 64 1 6 4 0 1 17 7		
Anti-retroviral and related medicines, as well as related pathology and tests	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to registration on the Aid for AIDS programme
Maternity	1000/ of the lower of cost or Secolmod Tariff	Liplimited	0.11.11
Hospitalisation (public or private hospitals) Accommodation, theatre fees, labour ward fees, dressings, medicines and materials	100% of the lower of cost or Sasolmed Tariff (150% for specialists)	Unlimited	Subject to approval by Medscheme
Medical services and midwifery Ante-natal consultations	100% of the lower of cost or Sasolmed Tariff	12 visits per event 20% deductible member co-payment	
Pregnancy scans, tests and amniocentesis	100% of the lower of cost or Sasolmed Tariff	2 x 2D Scans per event 4 post-natal consultations by midwife per event One amniocentesis per event including pathology tests relating to amniocentesis	
Delivery by a GP, specialist or midwife	150% of the lower of cost or Sasolmed Tariff	Unlimited	
Medicines and injection material			
Acute medicines and injections (including contraceptives and alternative healthcare medicines prescribed by a healthcare practitioner)	100% of single exit price plus dispensing fee	M0: R 4 800 M1: R 8 840 M2: R1 50 M3+: R14 190 20% deductible member co-payment	Subject to MPL /MEL An additional 20% deductable co-payment if medication is out of formulary and/or if non-DSP pharmacy is used
Pharmacy advised therapy (PAT) Over the counter medication	100% of single exit price plus dispensing fee	R 1 365 per family with a maximum of R200 per purchase	Subject to MPL /MEL An additional 20% deductable co-payment if medication is out of formulary and/or if non-DSP pharmacy is used
To take out (TTO) medication following a hospital discharge	100% of single exit price plus dispensing fee	R800 per beneficiary per hospital event	Subject to MPL /MEL
Chronic medicines	100% of single exit price plus dispensing fee Subject to formularies and/or DSP	R23 390 per beneficiary 10% deductible member co-payment (this deductible co-payment does not apply to PMB medicines)	Subject to approval by chronic medicine programme - MPL applies. An additional 20% deductable co-payment is applied if medication is out of formulary and/or if a non-DSP pharmacy is used (PMB and non-PMB)
Specialised drugs	For non-PMB medicines 100% of single exit price plus dispensing fee	R184 910 per family	Subject to approval by Medscheme A 20% deductable co-payment will be
Specialised drugs Muscular degeneration	For non-PMB medicines 100% of single exit price plus dispensing fee	R49 310 per family limited to specilised drugs benefit	additional if a non-DSP pharmacy is used Subject to approval by Medscheme
Mental Health (including alcoholism and drug dep	pendency)		
Mental health	100% of the lower of cost or Sasolmed Tariff	R51 300 per family (all inclusive)	Subject to approval by Medscheme
Hospitalisation Accommodation in general ward, ECT fees, medicines, materials and hospital equipment (the treatment must be at an accredited psychiatric treatment facility) Maximum of 3 days if referred by a GP or a specialist physician	health limit 100% of the lower of cost or Sasolmed Tariff (150% for specialist)	Subject to mental health limit	Subject to approval by Medscheme
Consultations, visits and procedures In and out of hospital	100% of the lower of cost or Sasolmed Tariff	Subject to mental health limit R18 260 per family 20% deductible member co-payment for consultations and visits (out of hospital only)	Subject to approval by Medscheme



Benefit Category	Benefits	Limits	Authorisation
Non-surgical procedures and tests			
In hospital	100% of the lower of cost or Sasolmed Tariff	Unlimited	
The separate	(150% for specialists)		
Out of hospital	100% of the lower of cost or Sasolmed Tariff	Unlimited	
Optical	100 % of the lewer of coot of caconflica famili	Offinition	I.
Optometrists consultation and visit	100% of the negotiated fee or in the absence	Unlimited	Subject to Optometry Management
Optomotions consultation and visit	thereof, 100% of the lower of cost or Sasolmed Tariff	Offillitied	Programme
Overall optical limit	(every 24 month period commencing	R4 255 per beneficiary (all inclusive) overall	Subject to Optometry Management
(in network and out of network)	1 January 2019)	optical limit	Programme
Frames and lens enhancement	100% of the negotiated network tariff rate for in	R1 790 subject to the overall optical limit	Subject to Optometry Management
Tranies and lens enhancement	network and for out of network (every 24 month	101 7 90 Subject to the overall optical little	Programme
	period commencing 1 January 2019)		Flogramme
Spectacle lenses	100% of the negotiated network tariff rate for in	Subject to one pair of lenses over 24 months,	Subject to Optometry Management
Speciade lenses		overall optical limit and negotiable network tariff rate	
	network and for out of network		Programme
	(every 24 month period commencing	for lenses	
0 / //	1 January 2019)	D0 400	
Contact lenses	100% of the negotiated network tariff rate for in	R2 460	Subject to Optometry Management
	network and for out of network (every 24 month	Subject to overall optical limit	Programme
	period commencing 1 January 2019)		
Refractive surgery (including Lasik, Radial Kerat			
In and out of hospital	100% of the lower of cost or Sasolmed Tariff	R13 030 per beneficiary	Subject to approval by Medscheme
Limited to one refractive procedure per beneficiary,			
per lifetime			
Organ and haemopoietic stem cell (bone marrow	*		
Transplantation, anti-rejection medicine and	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to approval by Medscheme
post-transplantation biopsies and scans			
Organ transplant-corneal grafts		R22 330	Subject to approval by Medscheme
Oncology			
Consultations, visits, treatment, medication and	100% of the lower of cost or Sasolmed Tariff	R554 830 per family	Subject to approval by Medscheme and
materials used in mammograms, chemotherapy,			registration on the oncology disease
radiotherapy, radiology and pathology			management
Specialised medicine (Biologicals)	100% of the lower of cost or Sasolmed Tariff	R184 910 per family limited to the oncology benefit	Subject to approval by Medscheme
Positron emission tomography (PET) scan	100% of the lower of cost or Sasolmed Tariff	Two per member family	Subject to approval by Medscheme
			programme
Brachytherapy materials		R46 880 per family limited to the oncology benefit	Subject to approval by Medscheme
Pathology		, , ,	, , , , , ,
In hospital	100% of the lower of cost or Sasolmed Tariff	Unlimited	
Out of hospital	100% of the lower of cost or Sasolmed Tariff	R5 250 per beneficiary	If referred by a GP or medical specialist
Physical therapy		, , , , , , , , , , , , , , , , , , , ,	
In hospital (excluding chiropractors)	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to case management
Out of hospital	100% of the lower of cost or Sasolmed Tariff	R4 680 per beneficiary	If referred by a GP or medical specialis
(excluding x-rays by a chiropractor)		20% deductible member co-payment	in total and a great of the diagraph of the
Prosthesis		2070 deddouble member ee payment	I.
Internal (surgically implanted)	100% of the lower of cost or Sasolmed Tariff	R55 010 per beneficiary	Subject to approval by Medscheme
External (e.g. artificial limbs and eyes)	100% of the lower of cost or Sasolmed Tariff	R55 010 per beneficiary	Subject to approval by Medscheme
Renal dialysis	100 /0 OF THE TOWER OF COST OF SASOITHER TAILIN	1.00 010 per beneficially	Casject to approval by Medscheffle
Chronic and acute	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to approval by Medscheme
	100 /0 OF THE TOWER OF COST OF SASOITTED TAILIN	Oriminited	Judged to approval by intenscrieme
Radiology and radiography	100% of the lower of cost or Sasolmed Tariff	Unlimited	Cubicat to appeared by Mandage
General radiology	100 % of the lower of cost of Sasonned Tariff		Subject to approval by Medscheme
In and out of hospital		One bone densitometry scan per beneficiary	(in hospital only)
On a sinite and an affect are		per annum	
Specialised radiology	100% of the lower of cost or Sasolmed Tariff	R23 490 per family	Subject to approval by Medscheme
In and out of hospital			
MRI and MUGA scans, radio isotope studies			
and angiography			
Surgical procedure			
	100% of the lower of cost or Sasolmed Tariff	Unlimited	Subject to approval by Medscheme
In and out of hospital	(150% for specialists in hospital)	Offillitilled	(in hospital only)

This summary is for information purposes only and does not supercede the Rules of Sasolmed. In the event of any dispute, the Rules of Sasolmed shall prevail. All benefits are per annum, unless otherwise stated.

## **CONTACT WITH SASOLMED MADE EASY:**



sasolmed.co.za



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SasChat

Access through the app or member zone.



- Chat in real-time with a consultant
- Attach documents
- Receive documents
- View your e-Card

## **OWN YOUR TOMORROW**

By using the PHR app and HealthCloud portal you can take responsibility for your own health:



#### **Sasolmed PHR**

Access your Personal Health Record on the app or member zone to get information on your medical condition, surgical procedures and medication.

### HealthCloud

- \* Access through the member zone.
- Health articles

