



Sisonke Health Plans | Pride

SISONKE
HEALTH
MEDICAL SCHEME

**Upgrade
to a Essential
Plan,** that gives
you more for less.

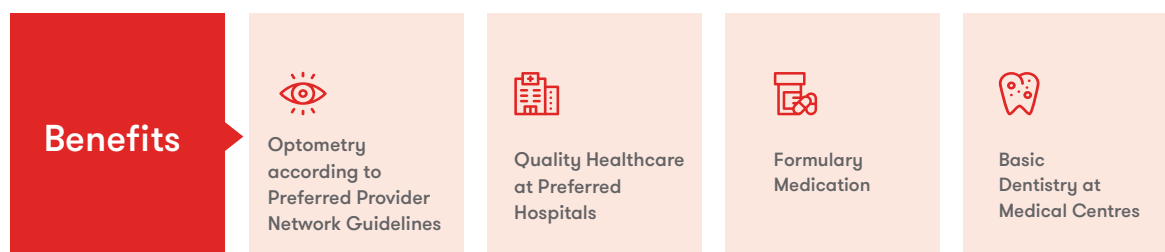
We all have different needs,

that's why you need a healthcare partner that understands your personal needs.

At Sisonke Health, we're all about quality health care at affordable rates. To ensure you get the best cover, Sisonke Health gives you the flexibility to choose the right healthcare plan for you and your family. We now offer three affordable private healthcare plans for you to choose from—Heritage, Diversity and Pride. With more options, you now have the power to choose health cover that's appropriate and tailored to your needs and your pocket. All Sisonke Health plans are designed to give you the best private healthcare experience at affordable rates.

Affordable, quality healthcare plan that you can trust

Pride Plan



The **Pride Plan** is an essential plan ideal for single people or first time medical aid users who are looking for private healthcare experience at affordable rates. With the Pride Plan, you only pay for what you need. This gives you control of your healthcare spending and the peace of mind of knowing you're covered, when you need it most. On this plan, you invest in the ability to:

- ✓ Access unlimited comprehensive primary healthcare at Sisonke Health Centres;
- ✓ private hospitalisation cover at the scheme's preferred hospital network;
- ✓ 24/7 Hello doctor service; and
- ✓ essential healthcare benefits tailored to your pocket.

From only: R 1 204 per month

Pride	Income Band	Principal Member	Adult Dependant	Child Dependant
	R 0 – R17 660	R 1 204	R 1 204	R 664
	R 17 661 – R22 020	R 2 392	R 2 392	R 731
	R 22 021+	R 3 043	R 3 043	R 747

For more information on this plan, see the 2021 benefit guide

Hospitalisation

We've made agreements with top rated hospitals to save you money while giving you access to quality healthcare and appropriate benefits.

GP/Primary Care	Coverage	Co-payments	Notes
 Hospital (Pre-authorisation required)	✓	✗	Hospitalisation covered at 100% of Scheme Rates - R600 000 Per Member Family. Limited to one network hospital.
 Preferred Provider (PP)	✗	✗	Benefit limited to Preferred Provider Hospital.
 Elective Procedures Co-payments	✓	✗	Benefit limited to Preferred Provider Hospital.
 Internal Prosthesis	✓	✗	Requires Pre-authorisation and is limited to Prescribed Minimum Benefit only.
 Organ Transplants	✓	✗	Unlimited at Designated Service Providers as per Scheme Protocols.
 Renal Dialysis	✓	✗	Unlimited at Designated Service Providers as per Scheme Protocols.
 Psychiatric Hospitalisation	✓	✗	Prescribe Minimum Benefit's only.
 Step-down Facilities	✓	✗	Benefit not provided for.
 Home Confinements	✗	✗	Benefit not provided for.
 Oncology (Pre-authorisation required)	✓	✗	Prescribe Minimum Benefit's only. Authorisation must be obtained from the Scheme.
 In hospital Dentistry	✗	✗	Benefit not provided for.
 Take home Medication on discharge from hospital	✓	✗	Medication prescribed by your doctor on discharge from hospital covered from the Hospital Benefit: R250 Per Admission.
 Radiology (Benefit combined with out of hospital benefit)	✓	✗	R3 000 Per Member Family , subject to list of codes.
 Support Services Benefit	✓	✗	Prescribed Minimum Benefit only.

Day to Day

In everything we do, our focus is to help you live healthier and longer. Whether you need dental care, an eye or hearing check, we're all about giving you the personalised care you deserve.



Hello Doctor, feeling sick but you can't get to a doctor? Say Hello doctors on call. It's free, unlimited, and available 24/7.

GP/Primary Care	Coverage	Co-payments	Notes
 Preferred Provider (PP)	✓	✗	Unlimited at the Scheme Medical Centre for members who live in the area. Members living out of area must use doctors within GP Network.
 All GP's outside of 20km radius of Medical Centre	✓	✗	Limited to 1 visit Per Beneficiary to max of 2 visits per Per Member Family max R750 Per Event .
 Specialists (Pre-authorization required)	✓	✗	2 Consultations Per Member Family. Only Specialists contracted to Sisonke Health are permitted or Preferred Providers.
 Radiology (Benefit combined with in hospital benefit)	✓	✗	R 3000 Per Member Family , according to approved list of codes. Specialised: 2 Scans Per Member Family. Prescribed Minimum Benefit only.
 Pathology	✓	✗	Covered if requested by Medical Centre GP - Unlimited at preferred Providers Lab.
 Chronic Medication LIMIT - CDL	✓	✗	Unlimited as per Scheme Protocols and Rules.
 Extended Chronic Benefit	✓	✗	Benefit not provided for.
 Acute Medication	✓	✗	Unlimited, as Per Formulary only.
 Over the Counter Medication	✓	✗	Over the Counter Medication is R150 Per Member Family limit to R80 per script .
 Medical Appliances	✓	✗	PMB only, subject to Internal Protocols and Guidelines.
 Optometry (Benefit available every 2 years)	✓	✗	Benefit provided for as per Preferred Provider Network Guidelines.
 Dentistry (No dentures or specialised benefit)	✓	✗	Unlimited at Scheme Centre Dentist as per list of approved codes.
 Oxygen	✓	✗	Unlimited at Designated Service Provider as per Scheme protocols.
 Maternity Programme	✓	✗	Subject to registration on Programme. 6 More Specialist Gynae & 1 Paed Consultation over and above specialist consultation benefit. Ante-natal Vitamins. Paediatric Vaccinations.

Pride Plan is subject to Council for Medical Schemes (CMS) Approval.

We are a trusted healthcare partner

for the mining community that we serve.

You need more than just healthcare cover. You need a health and wellness partner that understands you and your needs and has the resources to empower you to live a better, healthier life, no matter who you are.

With Sisonke Health, you have:



Affordable cover
that gives you
more for less



Paid claims giving
you the peace of
mind you deserve



**Free, unlimited
Medical Centres**
where you live
and work



**Private Hospital
cover** for
hospitalisation
and emergencies



Hello Doctor
Service available
to you 24/7

Add years to your life by living a healthy lifestyle.

At **Sisonke Health**, we care about your health. That's why we're offering you and your family free health and lifestyle resources available as part of your health care benefits. You can have yearly health risk assessment check-ups and screen your cholesterol, blood pressure, body mass and blood sugar levels for free.

Health and Lifestyle Benefits Available on all Sisonke Health Plans



Health Risk Assessment for Blood pressure, Glucose, Cholesterol, Body Mass Index (BMI)

Early identification and management of any health issues improves quality of life. With Sisonke Health, you have unlimited screening tests at the Sisonke Health Medical Centre.



Disease and Well-being Management

Improve your well-being by registering on the Sisonke Health's Disease Management Programmes which provides benefits for: Hypertension, HIV/Aids, Diabetes, Oncology and Dialysis.



Maternity Programme

Get access to the maternity benefit and unlock the following benefits when you register:

- ✓ Monthly Ante-Natal Monitoring at the Sisonke Health Medical Centre or your nominated Doctor;
- ✓ 6 more Specialist Gynae and 1 Paediatric consultation over and above your specialist benefit;
- ✓ Ante-Natal vitamins; and
- ✓ Paediatric vaccinations.

Everyone deserves **better** care



We're here for you when you need us.

How to contact us

Please visit our website at www.sisonkehealth.co.za for more information on our new plans.

Telephone: +27 (0) 86 010 4012 | +27 (0) 41 395 4400

Email: info@sisonkehealth.co.za

WhatsApp or SMS +27 (0) 83 666 6138 and we will call you back

HIV/AIDS & Wellbeing Programme: +27 (0) 860 104 012

Emergency Ambulance Service Netcare 911: +27 (0) 82 911

SISONKE
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Administered by Momentum TYB  | 

Unlimited emergency medical transport by calling 082 911

