



Sisonke Health Plans | Heritage

SISONKE
HEALTH
MEDICAL SCHEME

**Upgrade
to a Premium Plan,**
with enhanced benefits
and cover.

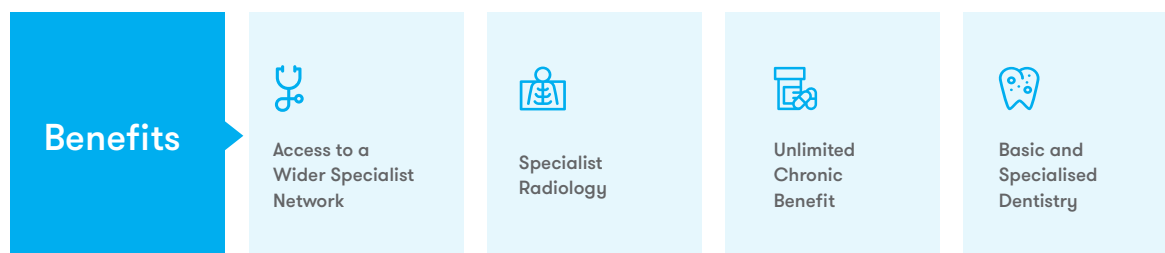
We all have different needs,

that's why you need a healthcare partner that understands your personal needs.

At Sisonke Health, we're all about quality health care at affordable rates. To ensure you get the best cover, Sisonke Health gives you the flexibility to choose the right healthcare plan for you and your family. We now offer three affordable private healthcare plans for you to choose from—Heritage, Diversity and Pride. With more options, you now have the power to choose health cover that's appropriate and tailored to your needs and your pocket. All Sisonke Health plans are designed to give you the best private healthcare experience at affordable rates.

A premium plan with extended benefits.

Heritage Plan



The Heritage Plan is a premium plan, aimed for employees who want comprehensive primary and hospital coverage, extended benefits and the flexibility to choose preferred hospital network and service providers.

On this plan, you invest in the ability to:

- ✓ choose any hospital of your choice;
- ✓ visit preferred doctors and specialists subject to affordable co-payments;
- ✓ increased prescribed benefits; and
- ✓ extended chronic benefit.

From only: R 3 043 per month

Heritage	Income Band	Principal Member	Adult Dependant	Child Dependant
	All Income	R 3 043	R 3 043	R 747

For more information on this plan, see the 2021 benefit guide

Hospitalisation

Get access to top rated hospitals, quality care and appropriate benefits that are responsive to your changing needs.

GP/Primary Care	Coverage	Co-payments	Notes
 Hospital	✓	✗	Unlimited Hospital Admissions at any private hospital network at 100% medical aid rates.
 Preferred Provider (PP)	✓	✗	Access to any hospital group or network.
 Elective procedures co-payments	✓	✓	10% co-payment on elective surgical procedures such as joint replacements, spinal fusion surgery, etc. If not performed in COE.
 Internal Prosthesis	✓	✗	Requires Pre-Authorisation and is limited to R53 174 Per Beneficiary Per Annum.
 Organ Transplants	✓	✗	Unlimited at Designated Service Providers as per Scheme protocols.
 Renal Dialysis	✓	✗	Unlimited at Designated Service Providers as per Scheme protocols.
 Psychiatric Hospitalisation	✓	✗	Limited R12 046 Per Beneficiary.
 Step-down Facilities	✓	✗	Private nursing and alternatives to hospitalisation R12 980 Per Beneficiary. Send us your home care plan for pre-authorisation.
 Home Confinements	✓	✗	Limited to R4 643 Per Beneficiary.
 Oncology (Pre-authorisation required)	✓	✗	R275 000 Per Beneficiary.
 In hospital Dentistry	✓	✗	R12 265 Per Beneficiary.
 Take home Medication on discharge from hospital	✓	✗	Medication prescribed by your doctor on discharge from hospital covered from the hospital benefit: R657 per event.
 Radiology (Benefit combined with out of hospital benefit)	✓	✗	Unlimited basic X-Rays/Radiology. Specialised radiology covered up to R26 447 Per Beneficiary Per Annum. Require pre-authorisation.
 Support Services Benefit	✓	✗	R5 948 Per Beneficiary combined in and out of hospital benefit.
 Compassionate Care Benefit (Once off benefit only per beneficiary)	✓	✗	R20 000 Per Beneficiary for clinically appropriate Medical Care included in Hospital Limit for non-PMB's. Pre-authorisation required. Patient must provide letter from Doctor confirming end of Life/Terminal Care is required.

Day to Day

In everything we do, our focus is to help you live healthier and longer. Whether you need dental care, an eye or hearing check, we're all about giving you the personalised care you deserve.



Hello Doctor, feeling sick but you can't get to a doctor? Say Hello doctors on call. It's free, unlimited, and available 24/7.

GP/Primary Care	Coverage	Co-payments	Notes
 Preferred Provider (PP)	✓	✗	Unlimited at the Scheme Medical Centre.
 All GP's in 20km radius of Medical Centre - Non -Preferred Provider	✓	✓	10% co-payment applies - within R2 960 Per Beneficiary Benefit.
 All GP's outside of 20km radius of Medical Centre	✓	✓	Covered at 100% within R2 960 Per Beneficiary.
 Specialists (Pre-authorisation required)	✓	✓	R3 011 Per Beneficiary to max of R11 608 Per Member Family. 10% co-payment for Non-Preferred Provider.
 Radiology (Only applicable to specialised radiology)	✓	✗	Basic radiology out of hospital R6 964 Per Beneficiary. Specialised R26 447 Per Beneficiary.
 Pathology	✓	✗	Unlimited blood tests at Preferred Providers as per capped fee agreement.
 Chronic Medication LIMIT - CDL	✓	✗	Chronic Medication is unlimited as per scheme protocols and rules.
 Extended Chronic Benefit	✓	✗	R4 870 Per Beneficiary to max of R13 808 Per Member Family.
 Acute Medication	✓	✓	R4 870 Per Beneficiary to max of R13 808 Per Member Family , subject to formulary protocols. Non-formulary items subject to a 25% co-payment.
 Over the counter medication or PAT (Pharmacist Advised Therapy)	✓	✗	Over the Counter medication is up to R860 Per Member Family - Maximum Limit Per Prescription is R175.
 Medical Appliances (Pre-Authorisation required)	✓	✗	Combined limit up to R6 640 Per Beneficiary. An additional R3 520 Per Family is provided for hearing aids every 3 years.
 Optometry	✓	✗	One Eye Test Per Beneficiary. One set of frames up to R990 Per Beneficiary.
 Dentistry	✓	✓	Unlimited at preferred provider at Scheme rates, 20% co-payment will apply at Non-Preferred Provider.
 Maternity Programme	✓	✓	Subject to registration on programme. 6 more Specialist Gynae & 1 Paed Consultation over and above Specialist Consultation Benefit. Ante-natal Vitamins. Paediatric Vaccinations.

Heritage Plan is subject to Council for Medical Schemes (CMS) Approval.

We are a trusted healthcare partner

for the mining community that we serve.

You need more than just healthcare cover. You need a health and wellness partner that understands you and your needs and has the resources to empower you to live a better, healthier life, no matter who you are.

With Sisonke Health, you have:



Affordable cover
that gives you
more for less



Paid claims giving
you the peace of
mind you deserve



**Free, unlimited
Medical Centres**
where you live
and work



Unlimited cover
for hospitalisation
and emergencies



Hello Doctor
Service available
to you 24/7

Add years to your life by living a healthy lifestyle.

At **Sisonke Health**, we care about your health. That's why we're offering you and your family free health and lifestyle resources available as part of your health care benefits. You can have yearly health risk assessment check-ups and screen your cholesterol, blood pressure, body mass and blood sugar levels for free.

Health and Lifestyle Benefits Available on all Sisonke Health Plans



Health Risk Assessment for Blood pressure, Glucose, Cholesterol, Body Mass Index (BMI)

Early identification and management of any health issues improves quality of life. With Sisonke Health, you have unlimited screening tests at the Sisonke Health Medical Centre.



Disease and Well-being Management

Improve your well-being by registering on the Sisonke Health's Disease Management Programmes which provides benefits for: Hypertension, HIV/Aids, Diabetes, Oncology and Dialysis.



Maternity Programme

Get access to the maternity benefit and unlock the following benefits when you register:

- ✓ Monthly Ante-Natal Monitoring at the Sisonke Health Medical Centre or your nominated Doctor;
- ✓ 6 more Specialist Gynae and 1 Paediatric consultation over and above your specialist benefit;
- ✓ Ante-Natal Vitamins; and
- ✓ Paediatric Vaccinations.

Everyone deserves **better** care



We're here for you when you need us.

How to contact us

Please visit our website at www.sisonkehealth.co.za for more information on our new plans.

Telephone: +27 (0) 86 010 4012 | +27 (0) 41 395 4400

Email: info@sisonkehealth.co.za

WhatsApp or SMS +27 (0) 83 666 6138 and we will call you back

HIV/AIDS & Wellbeing Programme: +27 (0) 860 104 012

Emergency Ambulance Service Netcare 911: +27 (0) 82 911

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Administered by Momentum TYB  | 

Unlimited emergency medical transport by calling 082 911

